

JUNE 10, 2023 – CINDY GRISDELA

Mini Workshop: Improv Play with Lines and Shapes

Date/Time: June 10, 2023 1:00 – 4:00 PM

Location: [St. James Episcopal Church, 11815 Seven Locks Rd, Potomac, MD 2854](#)

Mini Workshop Fee: Members: \$35.00 Non-Members: \$50.00

Student Supply List:

Choose a color recipe—for example, warm colors like red, orange, and yellow, or cool colors like blue, green, and purple. Or you can choose an “anything goes” color recipe and use all the colors! Include different values of your colors—lights, mediums, and darks—as well as several contrasting colors to add interest. My quilt has a base of cool greens and blues, plus pops of orange and hot pink.

Fabrics can be solids, batiks, small scale prints, or a combination.

- 8-12 fat quarters in a variety of values, plus one 1/4 yd. for the inset strip

- Sewing machine in good working order with a 1/4” foot

- Rotary cutter and mat – I like the 60mm rotary cutter, but bring whatever

size you like best, with a new blade

- Rulers—suggest 9” square and 6” x 12”

- Basic quilting supplies including straight pins, seam ripper, neutral thread,

scissors and/or snips for cutting threads, measuring tape

- Batting or flannel to use as a “design wall”

- Notebook and pen or pencil to take notes

- Digital camera or phone to take photos of design options (optional)
- Optional but helpful—Artful Improv: Explore Color Recipes, Building Blocks & Free Motion Quilting by Cindy Grisdela

Extended Workshop: Artful Improv

Date/Time: June 11-12, 2023 10:00 AM to 4:00 PM

Location: [Costume Shop at Gunston Middle School, 2700 S Lang Street, Arlington, VA 22066](#)

Workshop Fee: Members: \$160.00 Non-Members: \$220.00

Student Supply List:

Fabric: Choose a color recipe—for example, warm colors like red, orange, and yellow, or cool colors like blue, green, and purple. Or you can choose an “anything goes” color recipe and use all the colors! Include different values of your colors—lights, mediums, and darks—as well as several contrasting colors to add interest. Consider adding black and white too. Fabrics can be solids, batiks, small scale prints, or a combination.

This is a scrappy process, so you’ll need 8-12 fat quarters--18” x 22” —to explore these improv techniques—Improv Log Cabin style blocks, Improv Curves, Angled Stripes, Curved Strips, and Insets. You may also include scraps of various sizes. If you want to add negative space, bring 1/2 - 1 yd. of a background fabric. This can be one fabric or several fabrics that are similar but not the same—2 or 3 values of red, for example.

Sewing machine in good working order with a 1/4” foot

Rotary cutter and mat – I like the 60mm rotary cutter, but bring whatever size you like best, with a new blade

Rulers—suggest 9” square and 6” x 12”

Basic quilting supplies including straight pins, seam ripper, neutral thread, scissors and/or snips for cutting threads, measuring tape

Batting or flannel to use as a “design wall”

Notebook and pen or pencil to take notes

Digital camera or phone to take photos of design options (optional)

*Optional but helpful—*Artful Improv* and *Adventures in Improv Quilts* by Cindy Grisdela